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IgE has a key role in the pathogenesis of allergic responses through its ability to activate mast cells via the receptor FcεR1. In addition to mast cells, many cell types implicated in atherogenesis express FcεR1, but whether IgE has a role in this disease has not been determined. Here, we demonstrate that serum IgE levels are elevated in patients with myocardial infarction or unstable angina pectoris. We found that IgE and the FcεR1 subunit FcεR1α were present in human atherosclerotic lesions and that they localized particularly to macrophage-rich areas. In mice, absence of FcεR1α reduced inflammation and apoptosis in atherosclerotic plaques and reduced the burden of disease. In cultured macrophages, the presence of TLR4 was required for FcεR1 activity. IgE stimulated the interaction between FcεR1 and TLR4, thereby inducing macrophage signal transduction, inflammatory molecule expression, and apoptosis. These IgE activities were reduced in the absence of FcεR1 or TLR4. Furthermore, IgE activated macrophages by enhancing Na+/H+ exchanger 1 (NHE1) activity. Inactivation of NHE1 blocked IgE-induced macrophage production of inflammatory molecules and apoptosis. Cultured human aortic SMCs (HuSMCs) and ECs also exhibited IgE-induced signal transduction, cytokine expression, and apoptosis. In human atherosclerotic lesions, SMCs and ECs colocalized with IgE and TUNEL staining. This study reveals what we believe to be several previously unrecognized IgE activities that affect arterial cell biology and likely other IgE-associated pathologies in human diseases.

Introduction

IgE is an important regulator of allergic reactions, in which it activates mast cells (MCs) by binding to its high-affinity receptor FcεR1 (1). In addition to allergic responses (2), MCs participate in other inflammatory diseases, including atherosclerosis (3, 4). IgE is the least abundant antibody isotype in humans, and its role in human immunology (other than its effects on allergy and parasitic infection) long has been unclear. In addition to MCs, dendritic cells, eosinophils, platelets, monocytes, and macrophages also bear FcεR1 on their surfaces (5–9), albeit in different assemblages. For example, FcεR1 on MCs is a heterotetramer (αβγ₂), whereas FcεR1 on macrophages or eosinophils is a heterotrimer (αγ₂) (7). In dendritic cells, the expression of FcεR1 affects IFN-γ–mediated proinflammatory (TNF-α) and antiinflammatory (IL-10) cytokine production (6), as well as the efficiency of antigen uptake and presentation (10). Therefore, IgE's targets likely extend beyond MCs.

Macrophages are an important cell type in atherosclerotic lesions, the formation of macrophage foam cells being the hallmark of atherogenesis. Uptake of oxidized LDL (ox-LDL) particles by macro-

phages, mediated primarily by cell-surface scavenger receptors (SRs), is an important pathway of foam cell formation. Interruption of this pathway in cell culture and in animal models blocks foam cell formation, thereby reducing atherogenesis (11, 12). But alternative pathways of lipid uptake have also been proposed. Atherosclerosis-prone apoE-deficient (*Apoe*−/−) mice missing either CD36 or SR-A develop abundant macrophage foam cells in aortic sinus lesions (13). Indeed, macrophage SRs also play atheroprotective roles in both early and late phases of atherogenesis. Expression of decoy SRs retards early atherosclerotic lesion formation in experimental models (12). In advanced lesions, SR-associated signaling contributes to macrophage death and necrotic core formation (14), but this pro-atherogenic role of SRs is balanced by their ability to recognize and clear apoptotic cells in a nonphlogistic manner. Ox-LDL also has many signaling functions on macrophages that are mediated by TLRs — mainly by TLR2 and TLR4. Atherosclerosis-prone *Apoe*−/− mice or LDL receptor–knockout (*Ldlr*−/−) mice lacking TLR2 or TLR4 demonstrate an impaired inflammatory response to hyperlipidemia and thus are resistant to atherosclerosis (15, 16).

In this study, we demonstrated that circulating IgE levels in patients with atherosclerosis associate with plaque instability. Furthermore, we found that IgE is present in atherosclerotic plaques and colocalizes with lesion macrophages, SMCs, and ECs. We demonstrated that IgE activates Na+/H+ exchanger NHE1, which is followed by lowering

Table 1

Clinical data and serum IgE comparison between patients with and without CHD from Central China

Variables	Non-CHD ($n = 273$)	CHD ($n = 709$)	P
Age (yr)	56.48 ± 0.71	60.84 ± 0.37	0.000[A]
BMI (kg/mm²)	23.43 ± 0.16	23.75 ± 0.08	0.050[A]
Fasting glucose (mg/dl)	93.51 ± 1.13	96.98 ± 0.86	0.197[A]
TC (mg/dl)	182.84 ± 1.66	195.86 ± 1.04	0.000[A]
TG (mg/dl)	144.10 ± 5.35	137.87 ± 2.44	0.401[A]
HDL (mg/dl)	49.29 ± 0.74	47.28 ± 0.41	0.044[A]
LDL (mg/dl)	102.58 ± 1.38	115.28 ± 0.90	0.000[A]
IgE (IU/ml)	57.13 ± 5.35	90.61 ± 2.91	0.000[A]
Sex (male, %)	47.99	52.19	0.238[B]
Smoking (%)	28.94	35.68	0.045[B]
Hypertension (%)	15.02	64.74	0.000[B]
Diabetes mellitus (%)	10.62	16.78	0.016[B]

Data are presented as mean ± SEM or a percentage. [A]Mann-Whitney U test. [B]Pearson's χ^2 test.

of extracellular pH, thereby promoting macrophage and vascular cell inflammation and apoptosis. IgE activities require cooperative interaction between FcεR1 and TLR4 — two receptors present on several cell types relevant to the development of atherosclerosis.

Results

Enhanced serum IgE levels in patients with unstable plaques. In this study, we demonstrated that human serum IgE levels correlated with the degree of coronary heart disease (CHD) in two Chinese populations. Serum IgE levels were significantly higher in 709 patients with CHD than in 273 subjects without CHD (90.61 ± 2.91 vs. 57.13 ± 5.35 IU/ml, $P < 0.001$) from Central China (Table 1). After classifying CHD patients into acute myocardial infarction (AMI), unstable angina pectoris (UAP), and stable angina pectoris (SAP) groups, we found that AMI patients ($n = 207$, 126.08 ± 6.37 IU/ml) had the highest serum IgE levels, followed by UAP patients ($n = 255$, 89.60 ± 4.89 IU/ml) and SAP patients ($n = 247$, 61.91 ± 2.93 IU/ml) (Table 2). Pearson's correlation test and independent sample t test suggested that serum IgE correlated with smoking status

($P = 0.049$), but not with age, sex, BMI, hypertension, diabetes mellitus, or serum lipid profiles (Table 3). Significantly increased serum IgE levels in patients with unstable atherosclerosis supported the hypothesis that IgE participates in human atherogenesis. To replicate these observations, we obtained an independent group of subjects with CHD ($n = 147$) and without CHD ($n = 93$) from Eastern China, and found results similar to those in the patient groups from Central China (Supplemental Tables 1 and 2; supplemental material available online with this article; doi:10.1172/JCI46028DS1). Serum IgE levels were significantly higher in CHD patients than in those without CHD (99.55 ± 9.84 vs. 62.21 ± 5.69 IU/ml, $P = 0.001$). Pearson's correlation test and independent sample t test suggested that serum IgE correlated with fasting glucose ($P = 0.001$), but not with smoking or other variables (Supplemental Table 3). AMI patients ($n = 33$, 133.63 ± 26.28 IU/ml) had the highest serum IgE levels, followed by UAP patients ($n = 83$, 97.72 ± 12.41 IU/ml) and SAP patients ($n = 31$, 68.18 ± 15.76 IU/ml) (Supplemental Table 2).

Increased local IgE and FcεR1 levels in human atherosclerotic plaques. To examine further IgE involvement in atherosclerosis, we immunostained parallel frozen sections of human atherosclerotic lesions for IgE, its high-affinity receptor FcεR1α (1), and cell type–specific antibodies for macrophages (CD68), SMCs (α-actin), and ECs (CD31) (17). Enhanced atherosclerotic lesion IgE and FcεR1α immunoreactivities localized to CD68⁺ macrophage-rich shoulder and adventitia regions, α-actin–positive SMC-rich fibrous caps, and CD31⁺ ECs in the luminal surface (Figure 1, A–C), all of which outnumbered MCs in human and mouse atherosclerotic lesions (4, 18). Using immunoblot analysis, we confirmed FcεR1α expression in these cells. When 20 μg of cell lysates was used, FcεR1α expression was clearly visible in human monocyte-derived macrophages, but hardly visible in human aortic SMCs (HuSMCs) or ECs (Figure 1D). Overexposure of the immunoblot film revealed expression of FcεR1α in SMCs and ECs after stimulation with the inflammatory cytokine IFN-γ, which operates in human atherosclerotic lesions (ref. 19 and data not shown). To enhance the FcεR1α signals from SMCs and ECs, we used 50 μg cell lysates from these cells, while 2 μg cell lysates from macrophages was sufficient. Under these loading conditions (Fig-

Table 2

Clinical data and serum IgE comparison among CHD subgroups and non-CHD subjects from Central China

Variables	Non-CHD ($n = 273$)	AMI ($n = 207$)	UAP ($n = 255$)	SAP ($n = 247$)	P
Age (yr)	56.48 ± 0.71	61.87 ± 0.70[A]	61.69 ± 0.66[A,B]	59.03 ± 0.57[A,C]	0.000[D]
BMI (kg/mm²)	23.43 ± 0.16	23.88 ± 0.16[E]	23.64 ± 0.14	23.76 ± 0.15	0.194[D]
Fasting glucose (mg/dl)	93.51 ± 1.13	95.22 ± 1.50	99.38 ± 1.61	95.98 ± 1.32	0.402[D]
TC (mg/dl)	182.84 ± 1.66	194.98 ± 1.89[A]	202.11 ± 1.64[A,F,G]	189.21 ± 1.76[C,E]	0.000[D]
TG (mg/dl)	144.10 ± 5.35	129.36 ± 3.37	141.44 ± 4.50	143.61 ± 4.77	0.052[D]
HDL (mg/dl)	49.29 ± 0.74	45.86 ± 0.75[A]	48.89 ± 0.64[F]	47.04 ± 0.75[E]	0.001[D]
LDL (mg/dl)	102.58 ± 1.38	109.16 ± 1.55[A]	120.79 ± 1.46[A,F,G]	114.70 ± 1.57[A,C]	0.00[D]
IgE (IU/ml)	57.13 ± 5.35	126.08 ± 6.37[A]	89.60 ± 4.89[A,F,G]	61.91 ± 2.93	0.000[D]
Sex (male, %)	47.99	57.49	50.20	49.80	0.196[H]
Smoking (%)	28.94	30.43	47.06[A,F,G]	28.34	0.000[H]
Hypertension (%)	15.02	58.45[A]	70.20[A,C]	64.37[A]	0.000[H]
Diabetes mellitus (%)	10.62	14.00	21.57[B,C,E]	14.17	0.005[H]

Data are presented as mean ± SEM or a percentage. [A]$P < 0.01$ vs. non-CHD. [B]$P < 0.05$ vs. SAP. [C]$P < 0.05$ vs. AMI. [D]Kruskal-Wallis test. [E]$P < 0.05$ vs. non-CHD. [F]$P < 0.01$ vs. AMI. [G]$P < 0.01$ vs. SAP. [H]Pearson's χ^2 test.

Table 3
Variables associated with serum IgE in all subjects (n = 982)

Variables	r	t[A]	P[B]
Age (yr)	0.053		0.243
Sex	0.131	0.094	
BMI (kg/mm²)	0.042		0.188
Hypertension	0.052	0.106	
Smoking	0.063	0.049	
Diabetes mellitus	0.096	0.730	
Fasting glucose (mg/dl)	−0.023		0.476
TC (mg/dl)	0.019		0.557
TG (mg/dl)	0.051		0.133
HDL (mg/dl)	−0.020		0.538
LDL (mg/dl)	0.012		0.700

[A]Independent sample t test. [B]Pearson's correlation test.

ure 1D), we detected increased FcεR1α expression in IFN-γ–treated SMCs (lanes 2 and 3) and ECs (lanes 5 and 6). Together, these data showed that the expression of FcεR1α is high and constitutive in cultured macrophages, and it is low and inducible in cultured arterial SMCs and ECs. These results in cultured cells agree with those from the immunohistochemistry analysis (Figure 1, A–C). The majority of macrophage-rich areas contained FcεR1α, whereas only a small portion of SMC-rich areas and ECs in the lumen contained IgE and FcεR1α.

Reduced atherosclerosis in FcεR1α-deficient mice. As in CHD patients, serum IgE levels increased significantly in *Apoe*^{−/−} mice after consumption of a high-fat diet (Western diet) (Figure 2A). To test a direct role of IgE in atherogenesis, we crossed FcεR1α-deficient mice (*Fcer1a*^{−/−}) (20) with atherosclerosis-prone *Apoe*^{−/−} mice. After 12 weeks on a Western diet, *Apoe*^{−/−} mice that were WT for FcεR1α (*Apoe*^{−/−}*Fcer1a*^{+/+}) developed atherosclerosis. The absence of FcεR1α (*Apoe*^{−/−}*Fcer1a*^{−/−}) significantly reduced aortic lipid deposition and aortic arch intima areas (Figure 2, B and C), although media areas were not affected (Figure 2D). Atherosclerotic lesion characterizations demonstrated that lesion contents of macrophages, T cells, and the inflammatory cytokine IL-6, as well as MHC class II molecule levels (Figure 2E), were significantly reduced in *Apoe*^{−/−}*Fcer1a*^{−/−} mice, suggesting attenuated inflammation in the absence of FcεR1α. In addition to reduced inflammation, *Apoe*^{−/−}*Fcer1a*^{−/−} mice showed significantly reduced apoptosis of lesional cells (Figure 2F). In early lesions, macrophage apoptosis limits lesion cellularity and suppresses lesion progression. In advanced lesions, however, macrophage apoptosis promotes the development of the necrotic core — a key factor of plaque vulnerability and acute luminal thrombosis — and associates with plaque necrosis (21). The number of necrotic cores (Figure 2G) as well as necrotic core areas from both aortic arches (0.016 ± 0.005 mm² vs. 0.065 ± 0.016 mm², P = 0.021) and brachiocephalic arteries (0.025 ± 0.004 mm² vs. 0.071 ± 0.019 mm², P = 0.044) were significantly smaller in *Apoe*^{−/−}*Fcer1a*^{−/−} mice than in *Apoe*^{−/−}*Fcer1a*^{+/+} mice.

Reduced atherosclerosis in *Apoe*^{−/−}*Fcer1a*^{−/−} mice did not affect serum total cholesterol (TC) or LDL levels, but increased serum triglyceride (TG) and HDL levels (Supplemental Table 4). Although TG levels did not reach statistical significance (P = 0.08), HDL levels were significantly higher in *Apoe*^{−/−}*Fcer1a*^{−/−} mice than in *Apoe*^{−/−}*Fcer1a*^{+/+} mice (P = 0.019). Serum fast performance liquid chromatography (FPLC) analysis from 5 *Apoe*^{−/−}*Fcer1a*^{+/+} mice and

5 *Apoe*^{−/−}*Fcer1a*^{−/−} mice demonstrated similar lipid profiles. Both VLDL (P = 0.015) and HDL (P = 0.01) absorbance units were significantly higher in serum from *Apoe*^{−/−}*Fcer1a*^{−/−} mice than in serum from *Apoe*^{−/−}*Fcer1a*^{+/+} mice, but LDL absorbance units in the two groups of mice were comparable (Supplemental Figure 1).

IgE activities require interactions of FcεR1 and TLR4. Abundant FcεR1α expression in macrophages (Figure 1, A and D) suggests that IgE function in atherosclerosis reaches beyond MC activation. Exposure to purified IgE from a mouse hybridoma (SPE-7) (22) elicited dose-dependent and time-dependent cell signaling molecule activation in mouse peritoneal macrophages — including the stress and inflammation signals JNK and MAPK (p38) and cell proliferation signal ERK (Figure 3, A and B). After 15 minutes of 50 μg/ml IgE treatment, macrophages from WT mice, but not those from *Fcer1a*^{−/−} mice, showed increased phosphorylation of ERK1/2 and JNK (Figure 3C), suggesting that IgE stimulates macrophage signal transduction via FcεR1. When macrophages from WT mice were stimulated with IgE for 2 days, activities of the proatherogenic cysteine proteases cathepsin S and cathepsin K (17, 23) increased, as detected by cysteinyl cathepsin active site labeling (17), an action of IgE not displayed by macrophages from *Fcer1a*^{−/−} mice (Figure 3D). To test whether IgE-mediated macrophage signaling and protease production were due to contamination of LPS, which remains active after boiling for 30 minutes (24), we heat inactivated mouse IgE for 5 minutes at boiling and found that heated IgE did not stimulate phosphorylation of JNK or p65 NF-κB, arguing against the possibility that LPS contamination accounted for the effects attributed to mouse IgE. As a positive control, LPS alone activated macrophage p65 NF-κB, likely via TLR4 (Figure 3E and ref. 25). We also detected no LPS contamination (undetectable level) in our hybridoma-derived mouse IgE using the ToxinSensor Chromogenic LAL Endotoxin Assay Kit (GenScript). To evaluate further the possibility of LPS contamination accounting for the effects of mouse hybridoma-derived IgE, we stimulated macrophages from WT mice, *Fcer1a*^{−/−} mice, and *Tlr4*^{−/−} mice with IgE and found, surprisingly, that IgE had a negligible effect on p65 and ERK phosphorylation in macrophages from both *Fcer1a*^{−/−} mice and *Tlr4*^{−/−} mice (Figure 3F). Consistent with these findings, IgE induced increases in both the mRNA (real-time PCR) and media protein levels (ELISA) of IL-6 and of the chemokine monocyte chemotactic protein–1 (MCP-1) in 2 days, as well as apoptosis (in situ immunofluorescence TUNEL staining) in 3 days, in macrophages from WT mice and *Tlr2*^{−/−} mice — but the same cells from *Fcer1a*^{−/−} mice and *Tlr4*^{−/−} mice failed to respond to IgE (Figure 3, G–I). Because IgE did not contain LPS (Figure 3E), loss of IgE-induced cell signaling, cytokine and chemokine expression, and apoptosis in *Tlr4*^{−/−} and *Fcer1a*^{−/−} macrophages suggested that IgE function requires both TLR4 and FcεR1. Thus, we prepared cell lysates from WT macrophages that were pretreated with or without 50 μg/ml IgE for 15 minutes, and then performed co-immunoprecipitation with anti-FcεR1α or TLR4 antibodies, followed by immunoblot analysis with antibodies to detect TLR4 or FcεR1α. IgE treatment did not increase total cellular TLR4, FcεR1α, or β-actin protein levels (Figure 3J), but formed a complex between TLR4 and FcεR1α as confirmed by co-immunoprecipitation for FcεR1α and then immunoblot for TLR4, or co-immunoprecipitation for TLR4 and immunoblot for FcεR1α (Figure 3K). The same co-immunoprecipitation antibodies were used for immunoblot analysis to confirm equal antibody precipitation between the samples. Therefore, FcεR1α and TLR4 co-immunoprecipitated after IgE stimulation, which explains the
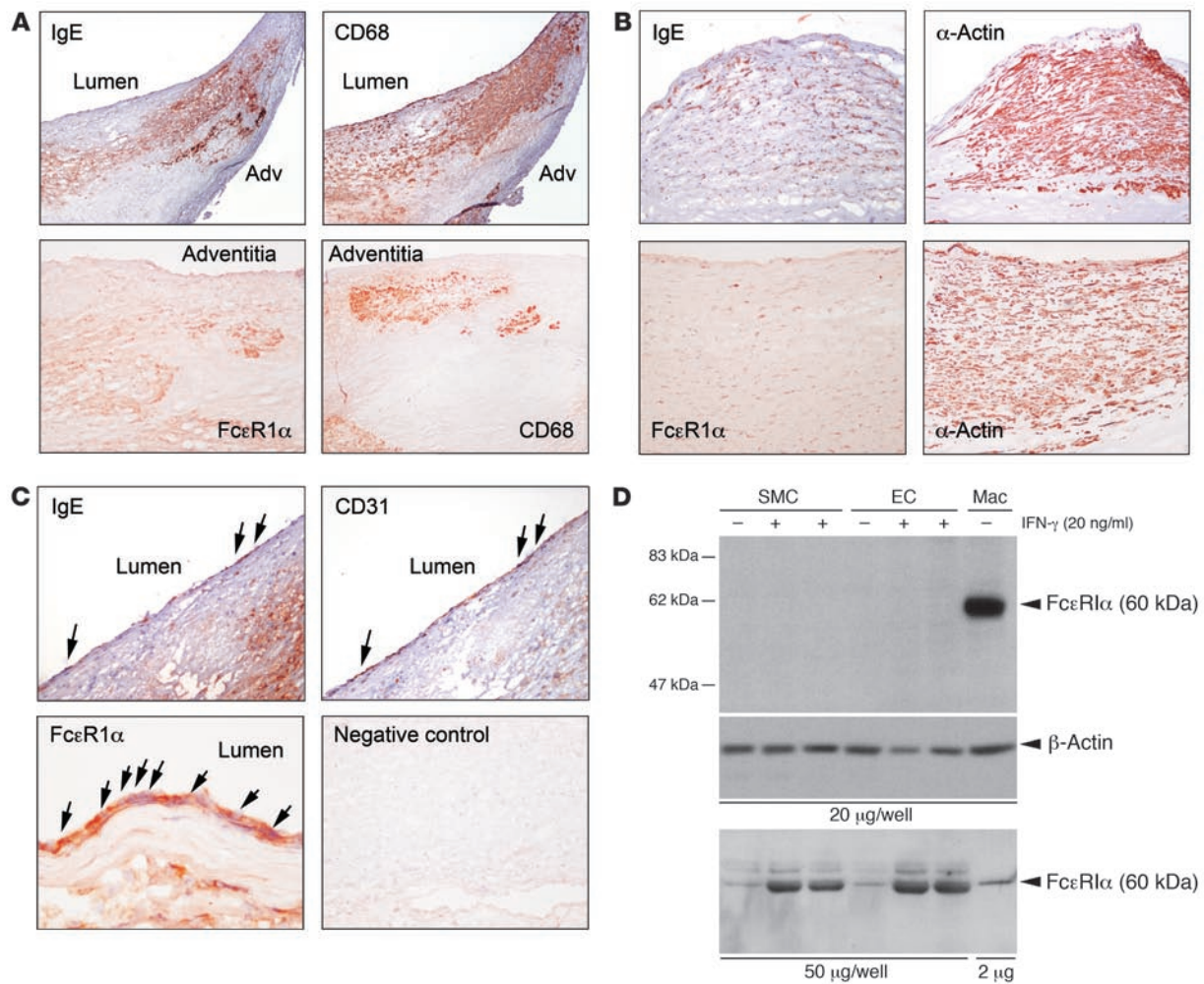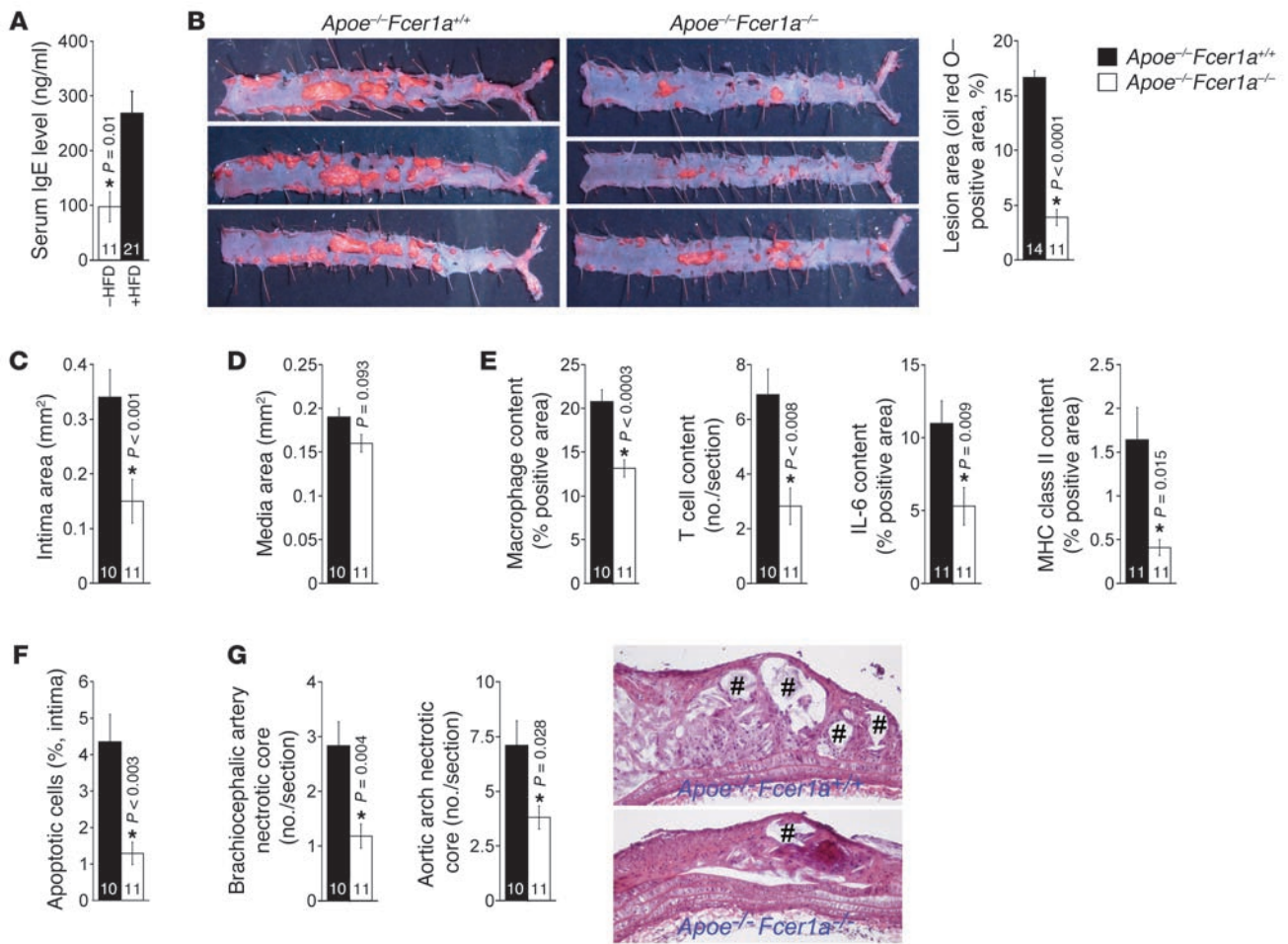
Figure 1
IgE and FcεR1α expression in human atherosclerotic lesions and in human macrophages, SMCs, and ECs. (**A**) Localization of IgE and FcεR1α in CD68+ macrophage-rich areas in human atherosclerotic lesions. Original magnification, top panels: ×40, bottom panels: ×100. Adv, adventitia. (**B**) Localization of IgE and FcεR1α in α-actin–positive SMC-rich fibrous cap (top panels, ×100) and media (bottom panels, ×100). (**C**) Localization of IgE (×100) and FcεR1α (×400) in luminal ECs (CD31, ×100) (arrows). Antibody isotype control was used as a negative control (×100). (**D**) FcεR1α immunoblot analysis in human monocyte-derived macrophages (Mac) and in HuSMCs and HuECs treated without (–) and with (+) inflammatory cytokine IFN-γ. Each lane contains 20 μg cell lysate (top panel). Actin immunoblot ensured equal protein loading. Bottom panel: 2 μg of human macrophage lysate and 50 μg of HuEC and HuSMC lysates to enhance the detection of FcεR1α in SMCs and ECs. IFN-γ (20 ng/ml) induced FcεR1α expression in SMCs (lanes 2 and 3) and ECs (lanes 5 and 6).

observation that deficiency of FcεR1α or TLR4 inhibited IgE-mediated macrophage signaling, inflammatory molecule expression, and apoptosis (Figure 3, F–I). The role of TLR4 in macrophage apoptosis in atherosclerotic lesions has been demonstrated in several studies. This pattern recognition receptor mediates SR-A–induced apoptosis in ER-stressed macrophages. Macrophages from *Myd88*−/− mice or lacking TLR4 are resistant to SR-A ligand fucoidan- and unfold protein response (UPR) activator thapsigargin-induced apoptosis (26). TLR2/TLR4 deficiency in bone marrow–derived cells suppresses atherosclerotic lesion macrophage apoptosis and plaque necrosis in *Ldlr*−/− mice after 10 weeks of an atherogenic diet (27).

To examine whether IgE may use its low-affinity receptor FcεR2 (CD23) to mediate macrophage biology, we stimulated peritoneal macrophages from *Cd23*−/− mice (28) and demonstrated no significant differences in apoptosis and IL-6 production compared with those from *Cd23*+/+ littermates (C57BL/6 background) (data not shown), suggesting that FcεR1 is the dominant receptor for IgE.

IgE regulates NHE1 activities in macrophages. In human atherosclerotic lesions, areas with clusters of CD68+ macrophages that also contained high amounts of IgE and FcεR1α were often highly positive for TUNEL staining (Figure 4A). In contrast, macrophage-rich regions that contained low levels of IgE and FcεR1α had only a few apoptotic cells (Figure 4B), suggesting a role of IgE in human macrophage apoptosis. As in mouse macrophages (Figure 3I), immunoaffinity-purified human plasma IgE (50 μg/ml) (Figure 4C) or mouse IgE (SPE-7, 50 μg/ml) (Supplemental Figure 2) induced human macrophage apoptosis, which could be blocked with a caspase inhibitor, ZVAD-FMK (20 μM), although there were some donor-to-donor variations among different human macrophage preparations. Surprisingly, we found that IgE induced mac-
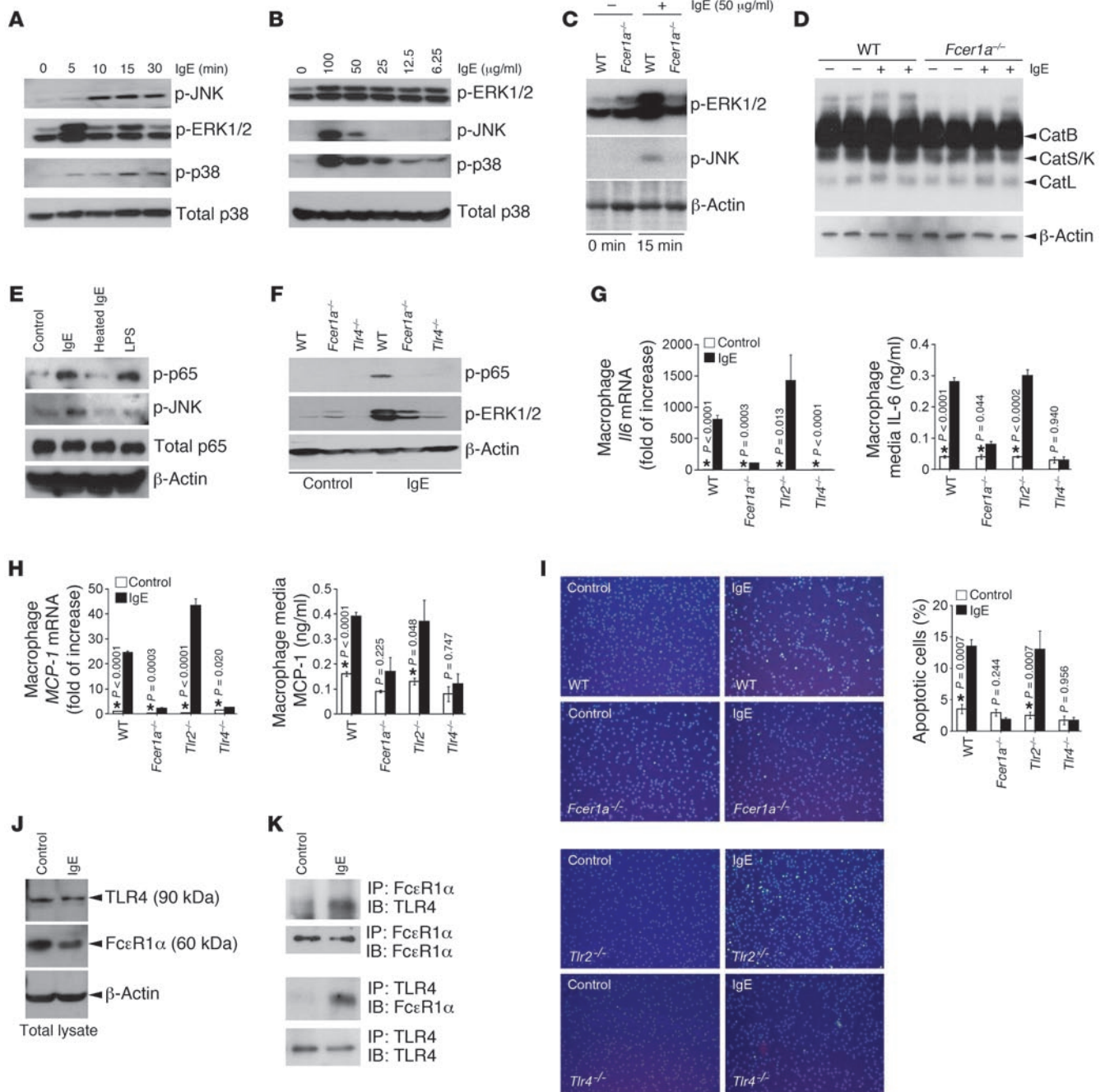
Figure 2
Deficiency of FcεR1α reduced atherogenesis in *Apoe*^{−/−} mice. (**A**) Serum IgE levels in *Apoe*^{−/−} mice before (−HFD) and after (+HFD) consumption of a high-fat diet for 12 weeks. (**B**) Thoracic-abdominal aorta lipid deposition (oil red O staining). Representative images are shown. (**C**) Intima area. (**D**) Media area. (**E**) Aortic arch atherosclerotic lesion macrophage content, CD3^{+} T cell content, IL-6–positive area, and MHC class II content. (**F**) Lesion TUNEL-positive apoptosis cells. (**G**) Brachiocephalic artery and aortic arch necrotic core (#) numbers. Representative aortic arch necrotic cores are shown (original magnification, ×40). The key in **B** applies to **B**–**G**. The number of mice per group is indicated in each bar. Data are mean ± SEM. Asterisks indicate statistically significant differences; Mann-Whitney *U* test.

rophage apoptosis by reducing extracellular pH with noticeable medium color change, and that this activity depended on NHE1 activity. NHE1 inhibition with 10 μM ethylisopropylamiloride (EIPA) completely blocked the IgE-induced medium color change and pH reduction (Figure 4D), suggesting that reduced pH after IgE treatment was not caused by increased cell lysis or IgE contamination, but rather by enhanced NHE1 activity. EIPA treatment alone did not change pH (Figure 4D) or cause cell death. When 100 ng/ml LPS induced human macrophage apoptosis by greater than 50% in approximately 2–3 days, 10 μM EIPA did not cause any cell death under the same condition (data not shown). Human macrophages underwent apoptosis within 3 days if they were cultured in acidic (pH 6.5) DMEM, but were resistant to apoptosis in neutral (pH 7.5) DMEM (Figure 4E). Our observations agree with previous findings that advanced human and rabbit atherosclerotic lesions become acidic compared with healthy arterial intima (29) and that macrophages augment uptake of modified lipid and foam cell formation in an acidic environment (30), although a pH effect on

macrophage apoptosis has not been noted. In contrast to macrophages in human atherosclerotic plaques exposed to IgE (Figure 4A) and acidic pH (29), cultured human macrophages undergo apoptosis at acidic pH, but pH changes (pH 7.5 or pH 6.5) without IgE did not affect MAPK (ERK1/2 and p38) or NF-κB (p65) phosphorylation (Supplemental Figure 3). When human macrophages underwent apoptosis and released IL-6 to the media after IgE stimulation, EIPA significantly blocked cell death and IL-6 secretion of macrophages from most donors (Figure 4, F and G).

As the effects of IgE on IL-6 production (Figure 4G) or apoptosis (Figure 4F and Supplemental Figure 1) in macrophages varied among donors, we tested and affirmed the IgE effects on macrophage pH changes and apoptosis in mouse peritoneal macrophages. As in human macrophages, IgE induced macrophage IL-6 production (Figure 5A) and apoptosis by activating NHE1 (Figure 5B). Pharmacological inhibition of NHE1 with approximately 50–100 μM NHE1 inhibitor EIPA blocked IgE-induced macrophage secretion of IL-6 or apoptosis. Mechanistically, IgE induced

Figure 3
Mouse peritoneal macrophage IgE (SPE-7) responses. Immunoblots to detect signaling molecule activation in IgE-treated macrophages at different times (50 μg/ml IgE) (**A**) or with different doses of IgE (15 minutes) (**B**). (**C**) Immunoblots to detect signaling molecule activation in IgE-treated macrophages from WT and *Fcer1a*−/− mice. (**D**) Macrophage lysate JPM labeling to detect active cathepsins (Cat; arrowheads) in macrophages treated without (−) or with (+) IgE for 2 days. (**E**) WT macrophage phospho-p65 and phospho-JNK expression after 15 minutes of treatment with IgE, heated IgE, and LPS (100 ng/ml). (**F**) IgE-stimulated phospho-p65 and phospho-JNK expression in macrophages from different mice. (**G** and **H**) IgE-induced *Il6* and *MCP-1* mRNA (RT-PCR) and media protein (ELISA) levels in macrophages from different mice. (**I**) Immunofluorescence TUNEL staining of IgE-induced apoptosis (3 days) in macrophages from different mice. Left panels are representative images (original magnification, ×100). (**J**) Immunoblots to detect TLR4 and FcεR1α in macrophage total lysates before and after IgE stimulation (15 minutes). (**K**) Immunoprecipitation for FcεR1α or TLR4 followed by immunoblot analysis for TLR4 or FcεR1α in macrophages treated with and without IgE (15 minutes). The same immunoprecipitation (IP) antibody was used for immunoblot (IB) to ensure equal antibody precipitation. Except where indicated, 50 μg/ml of IgE or heated IgE was used for all macrophage stimulations. Total p38, p65, or β-actin immunoblots were used for protein loading controls. Data in **G–I** are mean ± SEM of 6–10 experiments. Asterisks indicate statistically significant differences; Mann-Whitney *U* test.
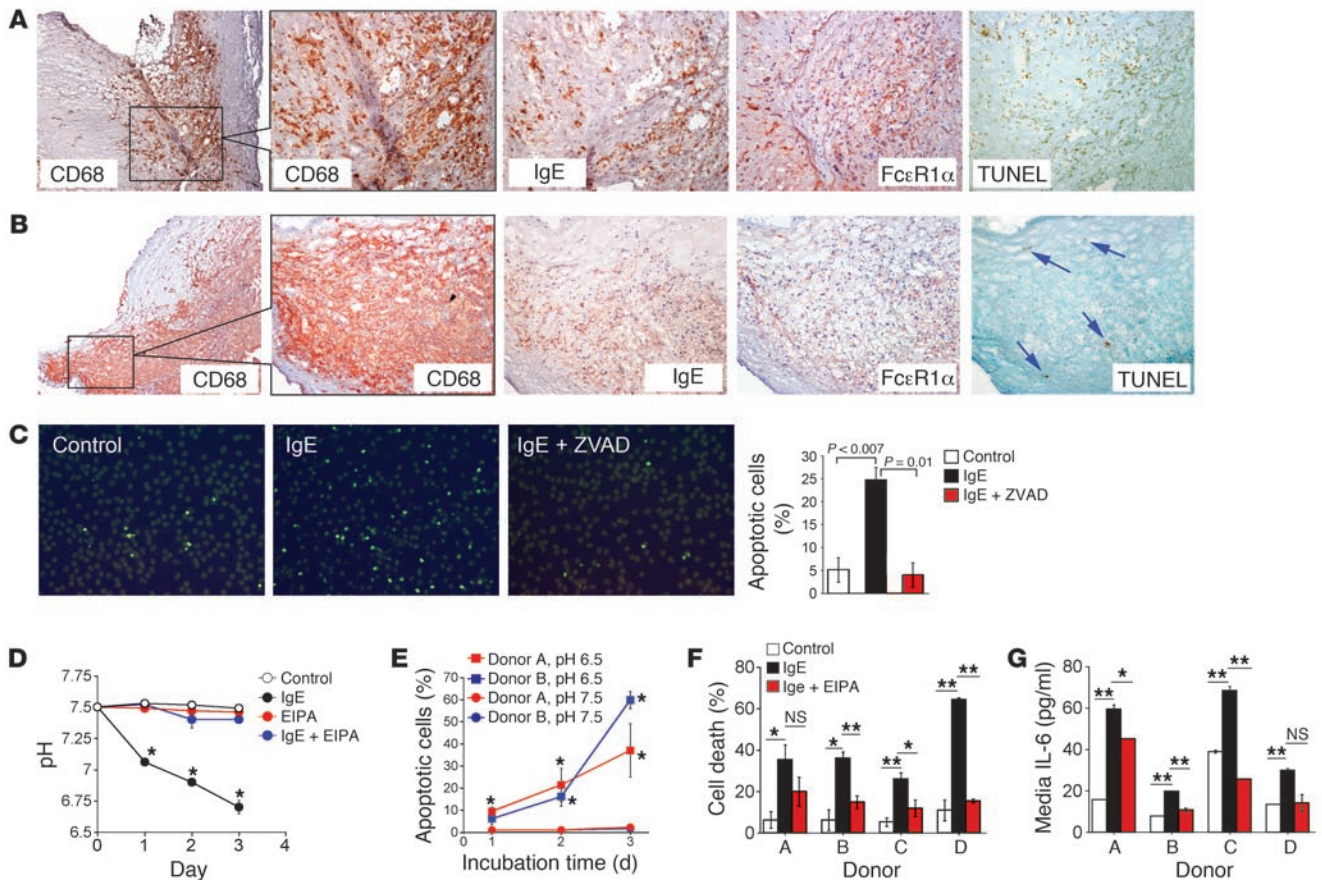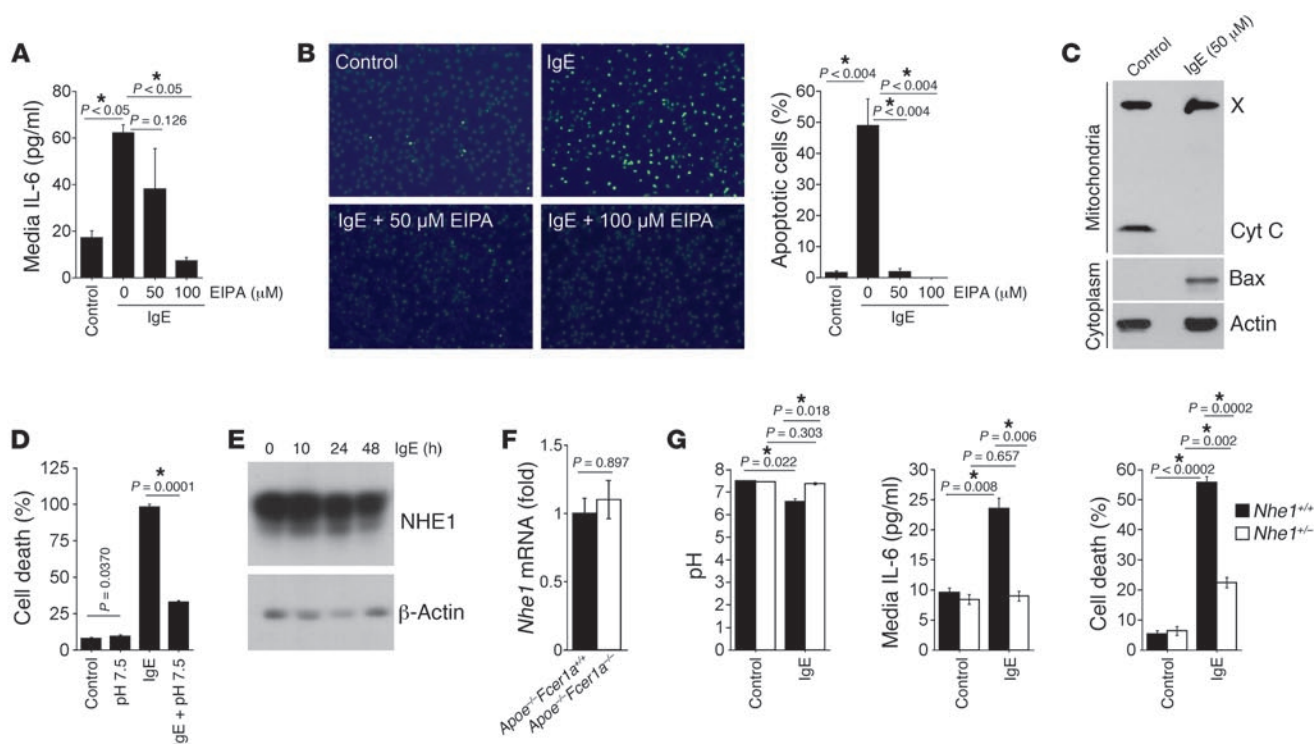
Figure 4

IgE-induced human macrophage apoptosis and cytokine production. IgE (original magnification, ×100), FcεR1α (×100), and TUNEL reactivity (×100) localization to CD68+ (×40, insets: ×100) macrophage-rich area in human atherosclerotic lesions. Serial sections from 2 representative lesions were used for immunostaining (**A** and **B**). (**A**) High levels of IgE and FcεR1α in macrophage-rich areas correlated with increased TUNEL-positive cells. (**B**) Low levels of IgE and FcεR1α in macrophage-rich areas correlated with few TUNEL-positive cells (arrows). (**C**) Fluorescence TUNEL staining detected human monocyte-derived macrophage apoptosis (fluorescent cells) after 3 days of stimulation with or without human IgE (50 μg/ml) or caspase inhibitor ZVAD-FMK (ZVAD) (20 μM). Representative figures are shown (×100). Data are mean ± SEM from 6 experiments using macrophages from the same donor. (**D**) IgE-induced macrophage RPMI medium pH reduction. Inhibition with NHE1 inhibitor EIPA (10 μM) blocked IgE-induced pH reduction. EIPA alone was used as experimental control. Data are mean ± SEM from 4 donors. *$P < 0.0001$ compared with untreated cells. (**E**) pH-dependent apoptosis (by TUNEL staining) of human macrophages from different donors. Each treatment used macrophages from 2 donors (**A** and **B**). *$P < 0.04$, pH 6.5 versus pH 7.5. (**F** and **G**) IgE-induced cell death (by MTT assay) and IL-16 production from macrophages from 4 donors (**A**–**D**). Data are mean ± SEM from 4 experiments in **E**–**G**. *$P < 0.03$, **$P < 0.01$. A final concentration of 50 μg/ml purified human IgE was used for all experiments.

macrophage apoptosis by releasing cytochrome *c* from the mitochondria to the cytoplasm (31). Immunoblot analysis demonstrated the disappearance of cytochrome *c* in mitochondria preparation and enhanced cytoplasm Bax from IgE-stimulated macrophages (Figure 5C). As in human macrophages, IgE-induced mouse macrophage death was also impaired significantly when cells were maintained under neutral (pH 7.5) conditions (Figure 5D). IgE activity–associated IL-6 production (Figure 5A) or apoptosis (Figure 5B) of macrophages may have affected NHE1 activity but did not affect its expression. Mouse macrophages showed no differences in NHE1 protein levels after IgE stimulation at different time points (Figure 5E). Indeed, RT-PCR detected no aortic tissue *Nhe1* mRNA level changes in atherosclerotic lesions between *Apoe*−/−*Fcer1a*+/+ mice and *Apoe*−/−*Fcer1a*−/− mice (Figure 5F), but both IL-6 (Figure 2E) and apoptosis (Figure 2F) differed significantly

between the groups. To confirm further a role of NHE1 in IgE biology, we stimulated peritoneal macrophages from *Nhe1*+/− mice (32), and the experiments yielded results similar to those from EIPA-treated cells. Absence of one *Nhe1* allele led to dramatic reduction in IL-6 production and cell death and did not change pH in IgE-treated macrophages (Figure 5G).

Different forms of IgE in macrophage activation. Aggregated forms of IgE are highly cytokinergic, while monomeric forms of IgE are poorly cytokinergic. The IgE we used in our mouse macrophage study was aggregated and cytokinergic (SPE-7) — usually more potent than monomeric, poorly cytokinergic IgE (e.g., H1 DNP-ε-206) in stimulating mast cells. While SPE-7 stimulates mast cell signal transduction, IL-6 production, histamine release, or survival, H1 DNP-ε-206 appears to have much weaker activity or no activity (33). Antigens or anti-IgE antibodies often are needed to crosslink
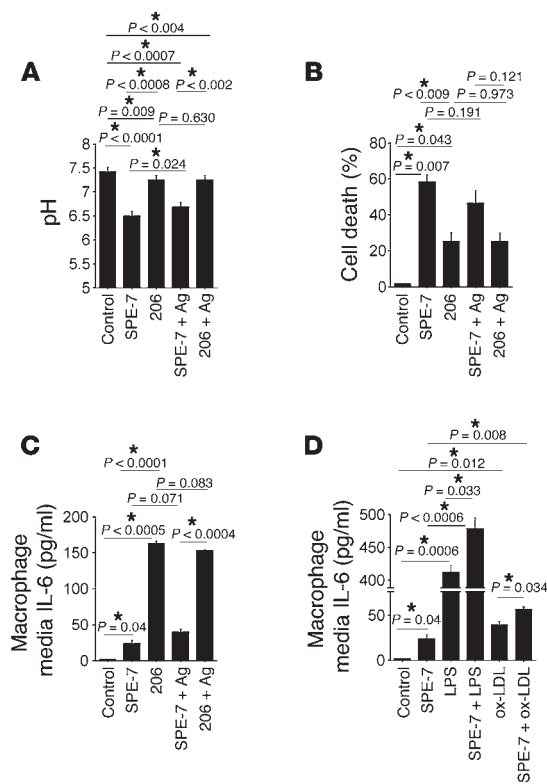
Figure 5
NHE1 activity–dependent mouse peritoneal macrophage cytokine production and apoptosis. (**A**) Culture medium IL-6 in macrophages treated with and without IgE and different concentrations of NHE1 inhibitor EIPA. (**B**) IgE-induced macrophage apoptosis (TUNEL staining) and inhibition with different concentrations of EIPA. Data are mean ± SEM from 6 experiments. $P < 0.05$. Representative figures are shown (original magnification, ×100). (**C**) Immunoblot analysis to detect IgE-treated macrophage mitochondria cytochrome c (Cyt C) and cytosol Bax. X denotes a protein crossreacting with the cytochrome c antibody. (**D**) Macrophage cell death under different conditions. (**E**) NHE1 immunoblot in macrophages treated with IgE for different times. (**F**) RT-PCR to detect *Nhe1* mRNA levels in atherosclerotic lesions from different mice. (**G**) pH change, IL-6 production, and cell death of macrophages from *Nhe1*^{+/+} mice and *Nhe1*^{+/–} mice after 3 days of treatment without (Control) or with IgE. All experiments used 50 μg/ml mouse IgE (SPE-7). Actin immunoblot was used for protein loading control. Cell death was determined with a MTT assay on a 96-well plate with 5×10^4 macrophages per well. Asterisks indicate statistically significant differences.

the IgE and thereby enhance IgE activities (33, 34). Monomeric IgE H1 DNP-ε-206 may lose its ability to activate macrophages and thus require IgE antigens. To test these possibilities, we incubated mouse macrophages with 50 μg/ml H1 DNP-ε-206 alone, or highly cytokinergic SPE-7 with and without 10 ng/ml antigen dinitrophenyl-HSA (DNP-HSA). Both SPE-7 and H1 DNP-ε-206 significantly reduced pH (Figure 6A) and promoted macrophage cell death, as determined by MTT assay (Millipore, Figure 6B), but SPE-7 was much more potent than H1 DNP-ε-206. In contrast, H1 DNP-ε-206 more potently promoted macrophage IL-6 release than SPE-7, as determined by ELISA (Figure 6C). Lower IL-6 production in SPE-7–treated macrophages than in those treated with H1 DNP-ε-206 may be due to more acidification and cell death in SPE-7–treated cells than in H1 DNP-ε-206–treated cells. DNP-HSA antigen showed no significant impact on SPE-7 or H1 DNP-ε-206 in any of these macrophage activity assays, suggesting that IgE activates macrophages independent of antibody crosslinking.

IgE induced a complex formation between FcεR1 and TLR4 (Figure 3K), and absence of TLR and FcεR1a yielded the same defects of IgE-induced macrophage signaling transduction, chemokine/cytokine expression, and apoptosis (Figure 3, F–I). The TLR4 ligand LPS demonstrated a synergistic effect with IgE in inducing mast cell IL-6 production (35). Thus, IgE and LPS may have the

same synergistic effect on macrophages. Ox-LDL–induced monocytic cell cytokine/chemokine expression and signal transduction are mediated partially by TLR4 (36). Ox-LDL induces coronary artery EC expression of atherosclerotic vascular calcification molecule BMP-2 via TLR4 (37). These observations suggest a synergistic effect of ox-LDL and IgE in macrophages. We tested this hypothesis by stimulating mouse peritoneal macrophages with 50 μg/ml SPE-7 with or without 100 ng/ml LPS or 50 μg/ml ox-LDL. Data presented in Figure 6D indicate that SPE-7 increased further LPS-induced or ox-LDL–induced IL-6 production.

Role of IgE in vascular cell biology. IgE and TUNEL activities localized to ECs in the adventitial microvessels and around the lumen and to SMCs in the fibrous cap in human atherosclerotic lesions (Figure 7A), suggesting that IgE interacts with these vascular cells. Cultured human ECs (HuECs) responded to purified human IgE by phosphorylation of p38 and JNK (Figure 7B). Consistent with enhanced phospho-p38 and phospho-JNK, IgE increased levels of cleaved caspase-3 in HuECs (Figure 7C, lanes 2 and 4) and promoted HuEC death in a concentration-dependent manner (Figure 7, D and E). IgE had a minimal effect, however, on HuEC adhesion molecule expression. Both RT-PCR and immunoblot analysis demonstrated low levels of ICAM-1 expression and negligible VCAM-1 expression after IgE stimulation (Supplemental Figure 4).

A

B

C

D

Figure 6
Different IgE in macrophage activation. pH change (**A**), cell death (**B**), and IL-6 production (**C**) in mouse macrophages treated with highly cytokinergic SPE-7 (50 μg/ml) or poorly cytokinergic H1 DNP-ε-206 (206; 50 μg/ml) with or without antigen (Ag; 10 ng/ml DNP-HSA). (**D**) Synergistic effect of SPE-7 (50 μg/ml) with LPS (100 ng/ml) or ox-LDL (50 μg/ml) in macrophage IL-6 production. Cell death and media IL-6 were determined by MTT assay and ELISA, respectively. Asterisks indicate statistically significant differences.

HuSMCs responded similarly to IgE. After 15 minutes of exposure to 100 μg/ml of human IgE, HuSMCs reached a peak for both p38 and JNK activation (Figure 7F). Incubation of HuSMCs with IgE (100 μg/ml) for 3 days increased the expression of BAX, an inducer of apoptosis (ref. 38 and Figure 7G), and provoked IgE concentration–dependent death of HuSMCs (Figure 7, H and I). As in macrophages, after approximately 15–30 minutes of treatment with 100 μg/ml of human IgE, HuSMCs produced high amounts of NF-κB phospho-p65 and phospho-ERK1/2 (Figure 7J). Consistent with increased activation of these signaling molecules, IgE induced the expression of the HuSMC proinflammatory cytokines IFN-γ, TNF-α, and IL-6 (Figure 7K) and cysteinyl cathepsins B, S, L, and K (Figure 7L). IgE may participate in atherogenesis by promoting apoptosis and by enabling cytokine, chemokine, and protease expression in macrophages, SMCs, ECs, and possibly other cells. IgE activity requires functional FcεR1 and TLR4, and IgE may be responsible for reduced pH — which induces macrophage and vascular cell apoptosis — in human atherosclerotic lesions.

Discussion
This study established a direct role of IgE in atherogenesis. The initial observation prompting this extensive study was that serum IgE levels were elevated in two independent Chinese coronary patient populations (from the Central and Eastern regions of the country). Previously, high serum IgE levels were also detected in AMI patients in several populations of European descent (39, 40), but whether human atherosclerotic lesions also contain IgE and the receptor necessary for its cellular actions (the high-affinity FcεR1), and whether IgE directly affects the cellular pathways relevant to the pathogenesis of the disease, had not been studied. This study demonstrated that in human atherosclerotic lesions, IgE and its recep-

tor FcεR1 localized to macrophages in the shoulder regions and lipid cores, to SMCs in the fibrous cap, and to ECs in the lumen and microvessels. Absence of the IgE receptor subunit FcεR1α reduced atherosclerotic lesion sizes in *Apoe*^{−/−} mice by more than 75% in the thoracic-abdominal aorta and by more than 55% at the aortic arch. More surprising discoveries came from the mechanistic studies: First, IgE induced macrophage MAPK activation, inflammatory cytokine and chemokine expression, and apoptosis via cooperative activities of FcεR1 and TLR4, but not TLR2. These two previously unrelated cell surface receptors formed complexes after IgE stimulation. IgE was inactive in the absence of either receptor. Second, a prior study (29) showed that the average pH in human atherosclerotic lesions (pH ~7.55) is higher than that in normal human umbilical arteries (pH ~7.24). The pH in macrophage-rich lipid cores, however, is significantly lower (pH ~7.15) than in any other areas in lesions from the same patients, including calcified areas with or without thrombosis (pH ~7.73). Acidic pH in the lipid cores enhanced the binding of phospholipase A2–modified LDL particles to aortic proteoglycans and consequent uptake by macrophages for foam cell formation (30). Further, macrophage apoptosis often appears at the edges of these lipid cores in human atherosclerotic lesions (41), though these observations remain unexplained. The current study links increased IgE and its receptor FcεR1 in macrophages from human atherosclerotic lesions with IgE-induced NHE1 activation of macrophages, which reduced extracellular pH and caused cell death (Figure 4, A and B).

In this study, we tested dose responses to mouse and human IgE of various cell types. For example, as shown in Figure 3B, phosphorylation of mouse macrophage ERK1/2, JNK, and p38 showed a clear dose curve in response to IgE — from 6.25 to 100 μg/ml. In HuECs, phosphorylation of the studied signaling molecules did not show clear dose responses (Figure 7B), but 100 μg/ml human IgE yielded the lowest survival of ECs (Figure 7D) and SMCs (Figure 7I). We selected 50 μg/ml IgE to induce mouse and human macrophage signal transduction, apoptosis, and inflammatory cytokine, chemokine, and protease expression and 100 μg/ml human IgE to activate human SMCs and ECs. These observations prompted questions: For example, we showed in this study that IgE stimulated the death of macrophages, ECs, and SMCs, but it promoted mast cell survival in several other studies (33, 42). These different phenotypes in mast cells and macrophages might be due to differences in expression of FcεR1 β-chain. Mast cells but not macrophages express FcεR1 β-chain (43). Although monocytes also express low levels of FcεR1 β-chain, this subunit completely disappeared after these cells matured and became macrophages, as detected by immunoblot analysis with anti–human MS4A2 (FcεR1β) mouse monoclonal antibody (1:1,000, Abcam) (data not shown). Absence of FcεR1 β-chain may cause conformational differences in FcεR1 in macrophages (7) compared with mast cells, thereby leading to different responses to IgE — a hypothesis that
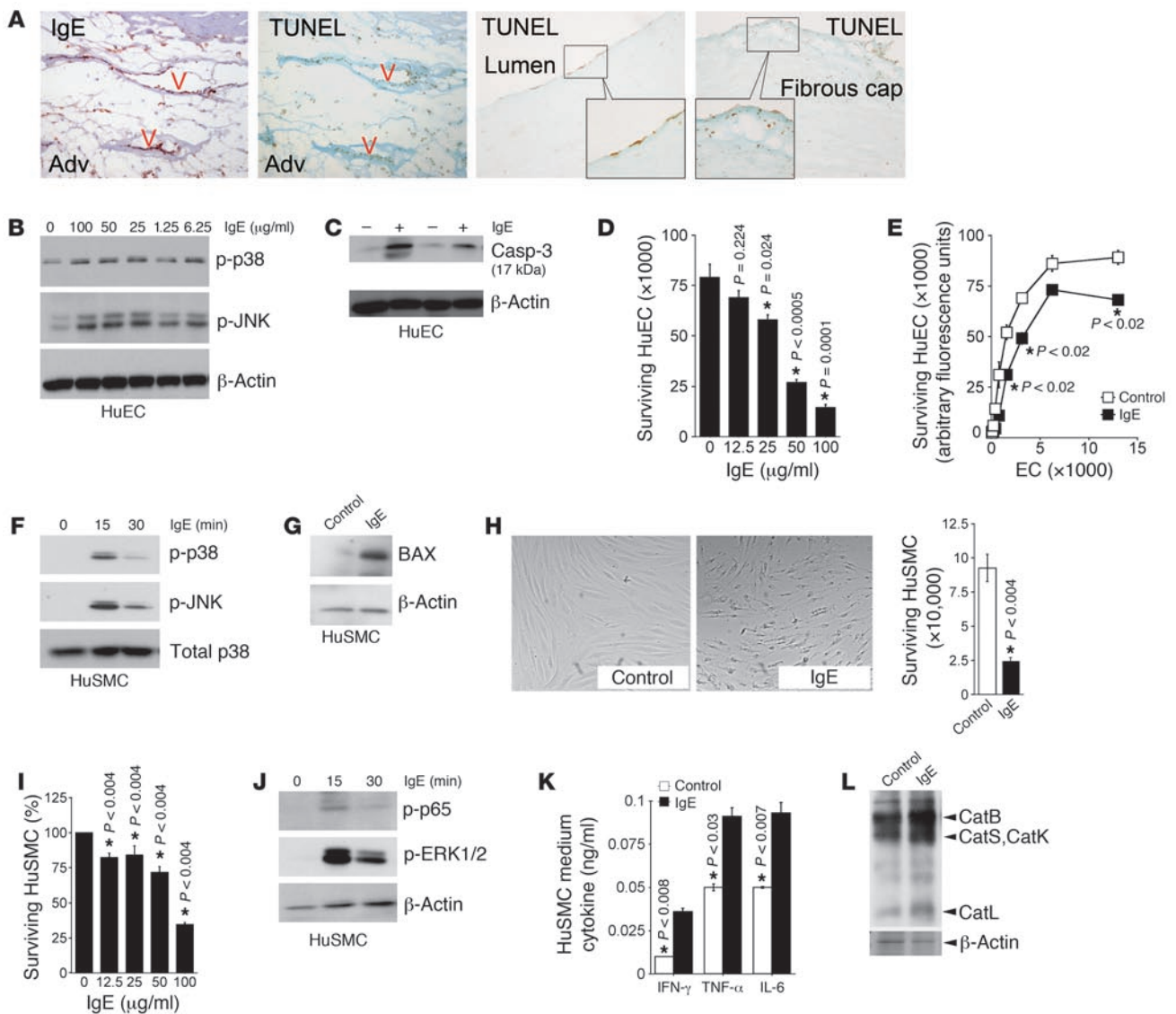
Figure 7
IgE effects on HuECs and HuSMCs. (**A**) IgE and TUNEL reactivity in adventitial microvessels (V, left 2 panels) and TUNEL activity in luminal ECs and fibrous cap SMCs (right 2 panels, corresponding to Figure 1, B and C, top panels) in human atherosclerotic lesions. Original magnifications, ×100, insets: ×400. (**B**) Phospho-p38 and phospho-JNK immunoblots in HuECs stimulated with IgE (15 minutes). (**C**) Cleaved caspase-3 (Casp-3) immunoblot in HuECs treated without (–) and with (+) IgE. (**D**) HuEC cell death induced with different concentrations of human IgE. (**E**) IgE-induced cell death of different numbers of HuECs. (**F**) Phospho-p38 and phospho-JNK immunoblots in HuSMCs after IgE stimulation at different time points. (**G**) BAX expression in HuSMCs treated with or without IgE. (**H**) HuSMC cell death after IgE treatment. Representative images are shown. Original magnification, ×40. (**I**) HuSMC cell death after treatment with different concentrations of IgE. (**J**) Phospho-p65 and phospho-ERK1/2 immunoblots in HuSMCs, treated with or without IgE for different times. (**K**) Culture medium IFN-γ, TNF-α, and IL-6 in HuSMCs, treated with or without IgE for 2 days. (**L**) Cathepsin JPM labeling of HuSMCs before and after IgE stimulation. Arrowheads indicate different active cathepsins. Except where indicated, 100 μg/ml human IgE was used for all HuEC and HuSMC experiments. Data in **D**, **E**, **H**, **I**, and **K** are mean ± SEM from approximately 6–10 experiments. Cell death data in **D**, **H**, and **I** were from MTT assays, and CyQUANT cell proliferation assay was used for **E**. Asterisks indicate statistically significant differences; Mann-Whitney U test.

merits further investigation. Further, our in vitro experiments (mouse macrophages, human macrophages, SMCs, and ECs) used approximately 50–100 μg/ml purified IgE. These concentrations were much higher than physiological concentrations. For example, in naive mice, baseline serum IgE levels are less than 1 μg/ml (44), and normal human serum contains less than 0.35 μg/ml total IgE (45). In the Chinese populations in our current study, serum

IgE levels in AMI patients were 133~144 IU/ml (0.32~0.35 μg/ml) (Table 2 and Supplemental Table 2). In populations of European descent, the reported serum IgE levels in CHD patients range from 200 to 1,000 IU/ml (0.48~2.40 μg/ml) (39, 40) — somewhat higher than those in the Chinese populations, but still much lower than the concentrations used in current cell culture studies. These differences in IgE concentrations between CHD patients and non-

CHD subjects suggest that the slightly elevated serum IgE levels (all <2.5 μg/ml) in CHD patients may not be of pathogenetic significance per se. Under some conditions, however, systemic IgE may reach pathogenic levels. Parasitic infection (e.g., *Paragonimus westermani*) enhances mouse serum IgE levels to approximately 50 μg/ml (44). Patients with the hyperimmunoglobulin E recurrent infection syndrome (HIES) have serum IgE levels of approximately 72–86 μg/ml (45). Although HIES is a non-atherosclerotic arterial disease, high systemic IgE levels lead to vascular pathology, including vasculitis, thrombosis, vascular ectasia, and aneurysms in the coronary, aortic, carotid, and cerebral arteries (45, 46). Thus, we may envision that in areas rich in macrophages and vascular ECs and SMCs within human atherosclerotic lesions (i.e., in an environment with multiple initiators of chronic inflammatory reactions), increased IgE levels (Figure 1, A–C) and enhanced FcεR1 expression (Figure 4A) may have adjuvant activity that further activates these cells that are pertinent to atherogenesis.

Prior studies have demonstrated that MCs and macrophages — as well as dendritic cells, monocytes, and eosinophils — express FcεR1 (5–8). These cells also dwell in human atherosclerotic lesions. It remains uncertain, however, whether and how IgE affects the biology of these atherosclerosis-pertinent cells. In atherosclerotic lesions, dendritic cells, monocytes, and eosinophils can be stimulated via several mechanisms, including inflammatory mediators from macrophages or lymphocytes (47). Although not a canonical activator of these other cell types, IgE might nonetheless cooperate in their stimulation. For example, as described above, IgE affects dendritic cell TNF-α and IL-10 expression, as well as antigen presentation (6, 10) — all functions involved in atherogenesis. Cross-linking of dendritic cell FcεR1α with anti-FcεR1α monoclonal antibodies results in the production of the T cell chemoattractant CCL28, thereby enhancing IL-13–producing CD4^{+} T cell recruitment to the site of viral infection in mouse lungs (5). The same phenomenon may occur in human atherosclerotic lesions. IgE-mediated dendritic cell chemokine and cytokine expression may promote leukocyte infiltration and activation, a hypothesis that requires further experimentation in vitro and in animal models. High numbers of MCs have been found at sites of atheromatous erosion or rupture in coronary plaques of patients with AMI (16), and mast cells are known to express FcεR1. IgE-induced MC activation is only one of the many pathways triggering MC release of inflammatory mediators (48), which contribute to the development of atherosclerosis (4). In experimental models of mouse atherosclerosis, MC activation with antigen sensitization, with the neuropeptide substance P, or with compound 48/80 has enhanced atherogenesis (49, 50). Therefore, reduced atherosclerosis in the *Apoe*^{−/−}*Fcer1a*^{−/−} mice in our study may have resulted from combinational defects of IgE-mediated responses on all cells expressing this high-affinity IgE receptor.

Vascular SMCs and ECs expressed FcεR1 under inflammatory conditions (Figure 1D). IgE induced signal transduction, inflammatory cytokine production, and apoptosis in these vascular cells (Figure 7), as it did in macrophages (Figure 3), but the IgE and FcεR1α immunoreactivities on ECs or SMCs in human atherosclerotic lesions were much weaker than those of macrophages (Figure 1, A–C, and Figure 7A). Although not tested, IgE functions (e.g., cytokine production and apoptosis) on these vascular cells may not be as profound as on macrophages within atherosclerotic lesions. Other mechanisms may be more important than IgE — for example, inflammatory cytokines from macrophages, MCs, lymphocytes, or

other inflammatory cells may induce vascular cell pathologic gene expression (51). Inflammatory cytokines (52), cathepsins (53), and MC proteases (54) in atherosclerotic lesions may also cause vascular cell apoptosis. Therefore, IgE may participate in EC and SMC inflammatory responses, but its importance and significance remain to be evaluated with more in vivo experiments.

Atherosclerotic lesions contain few IgE-producing B cells, and these appear in the adventitia or early fatty streaks (55, 56). Few B cells localize in the human atherosclerotic intima (57), a region that stains vividly for IgE in the vicinity of macrophages and SMCs. Therefore, the source of IgE found in the intima and the mechanism by which IgE accumulates in the intima — and specifically, to the sites where macrophages and SMCs cluster — remain unknown, although hyperpermeable endothelium on plaque surfaces or in the fragile microvessels in neovascularized areas of plaques, or intra-plaque hemorrhages therein, might permit accelerated entry of IgE from blood. Sustained cellular binding of IgE may then promote protease expression by lesional macrophages (51) and boost local inflammatory cytokine levels (58).

In the present study, age, serum HDL levels, sex, and history of diabetes mellitus were significantly different between non-CHD subjects and CHD patients in both Central and Eastern Chinese populations. After adjustment for clinical presentation and HDL levels, sex, and history of diabetes mellitus, both fasting glucose levels and IgE were significantly higher in AMI and UAP patients than in SAP patients and non-CHD subjects. These results, from relatively small patient populations along with a previous case-controlled study (40), are hypothesis generating and require further investigation in larger populations. Yet these clinical data support the in vivo relevance of the reduced atherosclerosis in *Fcer1a*^{−/−} mice and mechanistic studies described herein.

Together, increased IgE levels in human atherosclerotic lesions and in serum from patients with unstable plaques support the notion that such "minor" immunoglobulin molecules may participate in the activation not only of MCs, but also other blood-borne inflammatory cells, such as monocytes, macrophages, and dendritic cells, and even vascular ECs and SMCs, during the pathogenesis of human atherosclerosis.

Methods

Patient selection. From July to October 2008, 362 patients admitted consecutively to the Department of Cardiology at the Second Affiliated Hospital, College of Medicine, Zhejiang University, Hangzhou, China, were enrolled due to their clinical symptoms of chest pain, dyspnea, precordial discomfort, or cardiac dysfunction as defined by an ejection fraction less than 50% on echocardiography or electrocardiogram abnormalities including ST-T changes and arrhythmia. Given the known association of IgE with allergic diseases, cancer, and autoimmunity, we excluded patients with the following conditions to limit potential confounding effects: asthma (*n* = 22), allergic dermatitis (*n* = 3), history of allergic diseases (*n* = 25), arthritis (*n* = 3), cancer (*n* = 5), renal failure (*n* = 34), chronic hepatic disease (*n* = 25), rheumatic heart disease (*n* = 2), valvular heart disease (*n* = 2), or other cardiac diseases (*n* = 1). The remaining 240 subjects were invited to have digital subtractive coronary angiography (DSA, FD 20, Phillips Medical Systems). Of these, 147 patients had CHD, defined by one or more main coronary arteries with at least 50% stenosis. Of the subjects with CHD, 116 had an acute coronary syndrome, including 33 with AMI, diagnosed by 2-fold increases in creatinine kinase-MB levels and 5-fold increases in troponin-I levels relative to the respective upper reference limit, ischemic symptoms, or ST-T changes in electrocardiography indicative of ischemia and/or infarction; 83 with UAP,

diagnosed with the progression of ischemic symptoms less than 3 months before admission to the hospital; and 31 with SAP, diagnosed by predictable exertional chest discomfort more than 3 months before enrollment. A total of 93 patients with no or less than 50% luminal narrowing of the coronary artery were selected as non-CHD controls.

The same patient selection method was used at the College of Life Science and Technology and Center for Human Genome Research, Huazhong University of Science and Technology, Wuhan, China. The study enrolled 1,413 patients from several hospitals in Central China (individuals enrolled in hospitals in Wuhan city were from Hubei province, Hunan province, Anhui province, and Henan province). A total of 431 patients were excluded due to asthma ($n = 79$), allergic dermatitis ($n = 18$), history of allergic diseases ($n = 124$), arthritis ($n = 8$), cancer ($n = 13$), renal failure ($n = 89$), chronic hepatic disease ($n = 45$), rheumatic heart disease ($n = 36$), valvular heart disease ($n = 13$), or other cardiac diseases ($n = 6$). Of the remaining 982 subjects, 709 were diagnosed with CHD, and 273 with no or less than 50% luminal narrowing of the coronary artery were selected as non-CHD controls. Among the 709 patients with CHD, 462 had acute coronary syndrome, including 207 with AMI, 255 with UAP, and 247 with SAP.

Patient information recording and sample collection. Patient information was recorded, including age, sex, height, weight, BMI, history of hypertension, history of diabetes, and smoking (consuming tobacco for >3 years). Blood samples were extracted from the sheath in the radial or femoral artery during the procedure for IgE measurement. Blood samples were prepared from the vein for serum TC, TG, LDL, HDL, and fasting glucose levels, which were determined using standard laboratory procedures (Olympus AU5400 automated analyzer) at the clinical laboratory of the Second Affiliated Hospital or the clinical laboratory of Union Hospital, Tongji Medical College of Huazhong University of Science and Technology. Venous blood was collected after a fast of at least 12 hours. Serum sample aliquots were stored at –80°C.

IgE chemiluminescence determination. Human serum IgE levels were detected using a chemiluminescence immunoassay (Unicel DXI800, Beckman Coulter), according to the manufacturer's instructions. IgE levels of arterial and venous blood were not significantly different.

Immunohistology. Atherosclerotic and non-atherosclerotic human carotid arteries were obtained from transplant donors at endarterectomy or at autopsy, according to protocols preapproved by the Human Investigative Review Committee of Harvard Medical School. Serial cryostat sections (6 μm) were prepared and stained for CD68 (macrophages, 1:500, Dako), CD31 (ECs, 1:35, Dako), α-actin (SMCs, 1:40, Enzo Diagnostics), IgE (1:50, Novus Biologicals), and FcεR1α (1:50, Santa Cruz Biotechnology Inc.) antibodies. Apoptotic cells in human atherosclerotic lesions were detected using an ApopTag Plus Peroxidase In Situ Apoptosis Detection Kit, according to the manufacturer's instructions (Millipore).

Animal protocols and atherosclerotic lesion characterization. We crossbred $Fcer1a^{-/-}$ mice (C57BL/6, N9, provided by Marie-Helene Jouvin and Jean-Pierre Kinet of Beth Israel Deaconess Medical Center and Harvard Medical School, Boston, Massachusetts, USA) (20) with $Apoe^{-/-}$ mice (C57BL/6, N11, The Jackson Laboratory) to generate $Apoe^{-/-}Fcer1a^{-/-}$ mice and $Apoe^{-/-}Fcer1a^{+/+}$ control mice. All mice used in this study were littermates and syngeneic in the C57BL/6 background. To induce atherosclerosis, we fed 10-week-old males from each group a Western diet (Research Diets Inc.) for 12 weeks. Lesion characterizations, including thoracic-abdominal aorta oil red O staining, aortic arch lesion intima and media areas, lesion macrophages (Mac-3), T cells (CD4 and CD3; both antibodies yielded similar staining), IL-6 (Abcam), MHC class II–positive cells, and TUNEL-positive apoptotic cells (ApopTag Plus Peroxidase In Situ Apoptosis Kit), were performed as previously described (17). Images were captured by a digital system, the staining area was measured using computer-assisted image quanti-

fication (Image-Pro Plus software, Media Cybernetics), and immunopositive cells were counted manually. All mouse experiments were performed, and data were analyzed in a blinded fashion, by at least 3 observers.

Cell culture. Human macrophages were prepared by differentiating Ficoll gradient–separated monocytes from human blood in RPMI with 10% human serum (Gemini Bio-Products) for 10 days on Falcon Primaria tissue culture dishes (BD) without coating. Mouse thioglycolate-stimulated (3%, Sigma-Aldrich) peritoneal macrophages were prepared from WT C57BL/6 mice (The Jackson Laboratory), $Fcer1a^{-/-}$ mice (congenic C57BL/6, N>8) (21), $Tlr2^{-/-}$ mice (The Jackson Laboratory, N16), and $Tlr4^{-/-}$ mice (The Jackson Laboratory, C57BL/6, N8). Cells were cultured in RPMI-1640 with 10% FBS. HuSMCs and ECs were obtained from human donor aortas and subcultured at passages 2–5 in DMEM containing 10% FBS (for SMCs) or in medium 199 containing 20% FBS (for ECs).

Cytokine production and protease expression. For detection of cytokine production, cells were starved in corresponding media containing 0.5% FBS overnight, then incubated for 2 days in starvation media containing IgE (50 μg/ml for macrophages; 100 μg/ml for SMCs and ECs). Mouse poorly cytokinergic monomeric IgE H1 DNP-ε-206 (50 μg/ml) (33) and highly cytokinergic aggregated IgE SPE-7 (50 μg/ml) (Sigma-Aldrich) with or without LPS (100 ng/ml), ox-LDL (50 μg/ml), or DNP-HSA (10 ng/ml) were used to stimulate mouse macrophages. Human IgE was obtained from Immunology Consultants Laboratory Inc. (RA-80E). Unless otherwise indicated, all mouse macrophages were treated with SPE-7. Both cells and culture media were collected to detect IL-6 and MCP-1 by real-time PCR (Bio-Rad) and ELISA (BD), according to the manufacturers' instructions. Cells were lysed in a pH 5.5 lysis buffer containing 1% Triton X-100, 40 mM sodium acetate, and 1 mM EDTA to detect active cysteine proteases by active site JPM labeling, according to a protocol reported previously (17).

Immunoprecipitation and immunoblot analysis. For immunoprecipitation, mouse macrophages were starved overnight in RPMI containing 0.5% FBS, followed by the addition of purified mouse IgE (50 μg/ml, Sigma-Aldrich) for 15 minutes. Cells were lysed in a RIPA buffer containing 50 mM Tris, pH 7.4, 150 mM NaCl, 2 mM EDTA, 1% NP-40, 0.1% SDS, 5 μg/ml aprotinin, 5 μg/ml leupeptin, and 1 mM phenylmethylsulfonyl fluoride. Lysates were precleared for 1 hour with protein A/G agarose (Santa Cruz Biotechnology Inc.), followed by incubation overnight with 1 μg mouse FcεR1α or TLR4 polyclonal antibody (Santa Cruz Biotechnology Inc.) and protein A/G agarose for an additional hour. Immunoprecipitates were then washed with 4× 1 ml cell lysis buffer, followed by separation on 8% SDS-PAGE for immunoblot analysis with rabbit anti–mouse TLR4 or FcεR1α polyclonal antibody (1:1,000, Santa Cruz Biotechnology Inc.).

For immunoblot analysis, an equal amount of protein from each cell type preparation was separated by SDS-PAGE, blotted, and detected with different antibodies, including FcεR1α (1:1,000, Santa Cruz Biotechnology Inc.), phospho-ERK1/2 (rabbit anti–mouse ERK1/2 Thr202/Thr204, 1:1,000, Cell Signaling Technology), phospho-JNK (rabbit anti–mouse phospho-Thr/Pro/Tyr-JNK, 1:1,000, Promega), β-actin (goat anti–mouse β-actin, 1:3,000, Santa Cruz Biotechnology Inc.), phospho–p38 MAPK (Thr180/Tyr182, 1:1,000, Cell Signaling Technology), phospho-p65 (NF-κB p65 Ser536, 1:1,000, Cell Signaling Technology), cleaved caspase-3 (1:1,000, Cell Signaling Technology), Bax (1:1,000, Santa Cruz Biotechnology Inc.), TLR4 (1:1,000, Santa Cruz Biotechnology Inc.), NHE1 (1:1,000, Millipore), and β-actin (1:3,000, Santa Cruz Biotechnology Inc.).

Cell death analysis. To detect IgE-induced apoptosis, we cultured human and mouse macrophages, HuECs, and HuSMCs on 8-well chamber slides, 96-well plates, or 6-well plates precoated with 1% gelatin. After overnight starvation, cells were stimulated with IgE (50 μg/ml for macrophages and 100 μg/ml for HuECs and HuSMCs) for approximately 3–4 days before detection of apoptotic cells using TUNEL staining (In Situ Cell Death

Detection Kit, Roche Diagnostics Corp.), MTT cell proliferation assay (Millipore), or CyQUANT cell proliferation assay (Invitrogen), according to the manufacturers' instructions. For detection of mitochondria cytochrome *c* release, IgE-stimulated macrophages were lysed in a cytosol extraction buffer mix and homogenized, the supernatant cytosol fraction was separated by centrifugation, and pellet was resuspended in a mitochondria extraction buffer mix, according to the manufacturer's instructions (Abcam, catalog AB65311). Cytosol and mitochondria fractions were separated and immunoblotted for cytochrome *c* (1:1,000, Abcam) and Bax (1:1,000, Santa Cruz Biotechnology Inc.). In pH experiments, we used custom-made acidic (pH 6.5) and neutral (pH 7.5) pH DMEM (Hyclone, Thermo Scientific) for human macrophages and HEPES-balanced RPMI-1640 medium for mouse macrophages.

Statistics. All data are expressed as mean ± SEM. For patient serum sample chemiluminescence immunoassay data with normal distribution and homogeneity of variance, independent 2-tailed Student's *t* test, and 1-way ANOVA least significant difference test were used for the comparison between 2 groups and among multiple groups, respectively. Non-parametric Kruskal-Wallis *H* test was used for multiple group comparisons with skewed data distribution or heterogeneity of variance. For the ranked data, Fisher's exact test and Pearson χ^2 test were used for the comparison between 2 groups and among multiple groups, respectively. To analyze the correlation of serum IgE and other values, we used Pearson's correlation test and an independent 2-tailed Student's *t* test. To examine the influence of potential confounders to serum IgE levels, we adjusted for age, sex, BMI, hypertension, smoking, diabetes mellitus, fasting glucose, and serum lipid levels using a multiple linear regression model. All in vitro cell culture or animal data were analyzed using non-parametric Mann-Whitney *U* test due to the small sample size and abnormal data distribution. SPSS version 16 was used for analysis, and *P* values less than 0.05 were considered statistically significant.

Study approval. Human study protocols were pre-approved by the Hospital Review Committee of Second Affiliated Hospital, College of Medicine, Zhejiang University, and the Human Study Review Committee of the Center for Human Genome Research, Huazhong University of Science and Technology. All patients gave informed consent. Mouse experiments were all approved by the Animal Research Committee of Harvard Medical School.

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